

# Harm Reduction Services on Vancouver Island

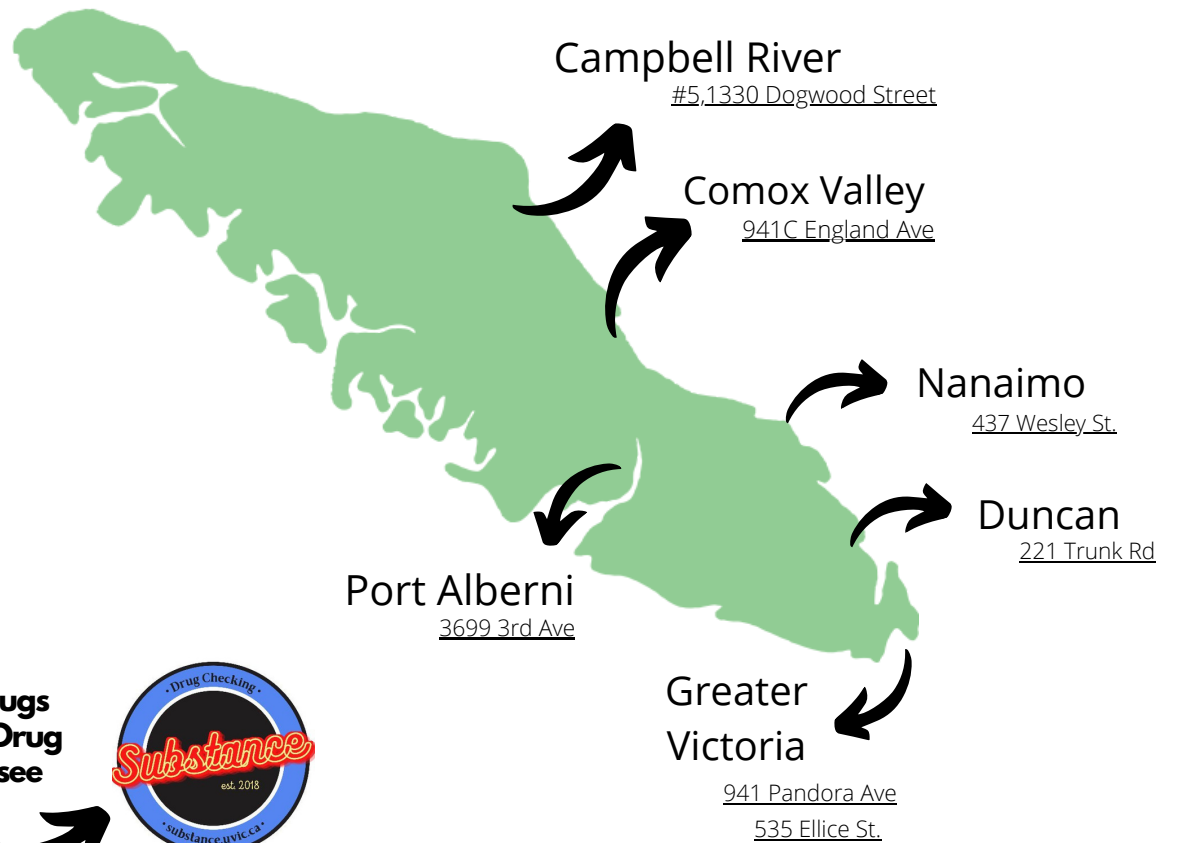
This is an interactive pdf!  
All underlined text,  
pictures, and logos are  
clickable links!

## Overdose Prevention or Safe Consumption Sites

Did you know you can visit any **Overdose Prevention or Safe Consumption site** to use your drugs and a staff member will be around and ready to respond if you go down?

They may also be able to **anonymously check your drugs for you**, so you can make **informed decisions about your use.**

In Victoria you can also get your drugs checked with the **Vancouver Island Drug Checking Project!** Click the logo to see **current locations**



## Substance Use Organizations & Community Supports



Campbell River, Comox Valley, Nanaimo, Victoria, Westshore



Victoria



Nanaimo



Duncan



Campbell River



Victoria



Campbell River, Comox Valley, Gold River



Health through wellness

Virtual

## Opioid Antagonist Therapy Prescribing Clinics

### Campbell River

Columbia Coast Addiction Services  
North Island Medical Clinic

### Comox Valley

Health Connections Clinic  
North Island Medical Clinic

### Duncan

Canada Care Clinic  
Phoenix Wellness Clinic

### Nanaimo

ARC Addictions and Recovery Clinic  
Nanaimo Pain Clinic  
Trew Beginnings Clinic  
AVI Health Centre Nanaimo

### Port Alberni

Dr Longman  
Dr Clelland

### Greater Victoria

Outreach Services Clinic  
Pandora Clinic  
Rapid Access Addiction Clinic  
Victoria Cool Aid Society  
Westshore AVI Health Centre

Your Primary Care Provider may also be able to prescribe Opioid Antagonist Therapy or a Safe Supply

If you're using alone, there are 2 apps and 1 live call line that you can use. If you go down, they will call an ambulance or a respondent of your choice for you.

Most fatal overdoses occur when someone is alone. **We don't want to lose you**, and we hope these services will help you reduce your risk of overdose.



Lifeguard App



Be Safe App



**Vancouver Island 24/7 Crisis Line**  
1-888-494-3888

**KUU-US Indigenous Crisis Line**  
1-800-588-8717

**BC Alcohol and Drug Referral Service**  
1-800-663-1441

**BC Mental Health & Addictions Info Line**  
1-800-661-2121